



DARSHANA JAIN

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I'm currently learning Digital Marketing through Digital Scholars, one of the leading institute for digital marketing. As I'm looking for profession change and while learning I also want to have hands on exposure. I've knowledge of canva, fb and instagram ad management, basic video editing skills, email marketing.

In my academic years I've conducted workshops and have been NSS leader for 2 Yrs, which helped me enhanced my communication and leadership skills. I've also organized events and conference in college and my practical assignments helped me developed organizational skills and research ability.

SKILLS

- Teamwork
- Problem-Solving
- Leadership
- Organization
- Strong written and verbal communication skills
- Written communication

LANGUAGES

- English — Advanced

EXPERIENCE

Mental Health Counselor (intern)

Deep Origins | Mumbai

I worked at Deep Origins, it was an online internship. Assisted clients in the intake process, conducted client consultations, and collaborated with agency professionals.

Wrote case notes, client assessments, and evaluations.

Contributed to the development of clients' life development plans.

Conducted workshop on mental health.

Counseling Practicum and Internship

Mind Clinic | Mumbai

I worked a Counselor intern at Mind Clinic (Kurla w)

Developed comprehensive treatment plans focused on accurate diagnosis and behavioral treatment.

Conducted individual sessions with adults and children with learning disability. Remedial teaching with students.

Taught clients anger management techniques, relaxation skills, impulse control, social skills, and emotional coping skills.

EDUCATION

Bachelors in Arts (Psychology)

Jun 2017 — May 2020

P.S.P.N.Doshi Women's University Mumbai | Mumbai

Masters in Counseling Psychology

Jun 2020 — May 2022

| S.P.N.Doshi Women's College