



Nandita Nandakumar Menon

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Education

Bachelor of Arts B.A. English Literature and Communication Studies 2019 - 2022
St. Teresa's College, Ernakulam

- Worked as a content writer for the 13th and 14th editions of the College bi-Annual newspaper, "Teresian Impact."
- Member of the Finance Team and Media Team for the PR Campaign "I Do and Don't", conducted in 2021-2022, aimed at redefining marriage as an institution.
- Authored a research paper " A Study to Analyze the Impact of Social Media on One's Body Image and Mental Health", as part of the final year project.
- Participated in the National Webinar titled "Changing The Face of Fashion: Road to Sustainability", an initiative by Threads of Change, Public Relations Campaign.
- Acted in a short film as a part of the final year project.
- Member of the Palliative club.
- Participated in the rally against Single-use Plastics.
- Participated in the awareness campaign conducted at St. Mary's HSS, Vallarpadom, that was aimed to fight the taboo surrounding menstruation.

Commerce with Informatics Practices 2017 -2019
Greetings Public School, Ernakulam

- CGPA in 12th grade: 8.2
- Awarded 3rd prize in Group Dance.
- Member of the School Choir.
- Acted in a short film for the Screenscapes Film Festival.

S.B.O.A Public (Sr.Sec) School, Ernakulam 2016 - 2017

- CGPA in 10th grade: 8.2

Delhi Private School, Dubai 2012 - 2016

Personal Details

Date of birth
June 12th, 2000

Place of birth
Ernakulam

Drivers License
Holder of Indian LMV Driving License valid till the year 2039

Gender
Female

Nationality
Indian

LinkedIn
<https://www.linkedin.com/in/nandita-menon-2599201b4>

Skills

- Communication
- Teamwork
- Leadership
- Creativity
- Goal-Oriented: Meeting deadlines, result achiever

Languages

- English
- Malayalam
- Hindi

Bhavans Vidya Mandir Girinagar, Ernakulam 2009 - 2012

- Awarded 3rd place in Relay.

The Indian High School, Dubai 2004 - 2009

- Awarded 3rd place in Interhouse Folk Dance Competition.
- Awarded 2nd place in Inter class Group Elocution Competition.
- Secured 1st runners-up in Inter Class English Group Elocution Competition.

Internships

Social Media Marketing Intern

Youth Empowerment Foundation March 2021 – April 2021

- Raised money by leveraging effective communications and outreach strategies.
- Created content for social media platforms.
- Helped in promoting the company through all social media platforms.
- Spread awareness on the importance of educating underprivileged children.

Course

- **Time Management Course, AAMC Training Group**

Certificates

World Health Organization May 2021

Completion of the "COVID-19 vaccine-specific resources" course.

World Health Organization May 2021

Completion of "Introduction to COVID-19: methods for detection, prevention, response and control" course.